

FITNESS FOR WORK - NOTICE TO HEALTH CARE PROVIDER

Fort McMurray Public School Division (FMPSD) is committed to doing everything we can to achieve a successful recovery and return to work for our injured employees. Our disability management program is designed to help them return to work safely and at the earliest opportunity, using appropriate modified work alternatives when needed.

Please complete the fitness for work section at the time of treatment and fax it to the above number, or have our employee return it. A reporting fee of \$_____ will be paid by FMPSD.

Fitness for work (to be completed by treating health care provider)

Examination Date: _____ Injury: _____

Current capabilities: (please make a selection below as they rate to the injury)

- | | | | |
|---------------------|-------------------------------|---------------------------------|--|
| Sitting: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited to ____ hours per shift |
| Standing: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited to ____ hours per shift |
| Walking: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited to ____ hours per shift |
| Bending: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited |
| Twisting: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited |
| Kneeling/squatting: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited |
| Climbing: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited |
| Lifting | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited to ____ hours per shift |
| Pushing/pulling: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited |
| Overhead reaching: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited |
| Driving: | <input type="checkbox"/> Able | <input type="checkbox"/> Unable | <input type="checkbox"/> Limited to ____ hours per shift |

Number of hours patient is capable of working per day _____.

Reasons why the patient cannot work or special considerations:

Estimated date fit for regular work: _____

Healthcare provider's name: _____

Healthcare Provider's Signature: _____

Payment Address: _____

Authorization to release information (to be completed by injured employee)

Injury: _____ Injury date: _____

I hereby authorize my treating health care provider to release information related to my fitness for work.

Employee's Name: _____

Employee's Signature: _____ Date: _____

For the employee: submit completed form to your Supervisor or Human Resources. Prior to returning to duties, a Return to Work or Modified Work Agreement must be completed.